

RICK REPETTI

CUNY/Kingsborough Community College
Department of History, Philosophy and Political Science
2001 Oriental Boulevard, Rm. D223
Brooklyn, NY 11235
718-368-5226
rick.repetti@kbcc.cuny.edu
<http://www.rickrepetti.com/>

EDUCATION

CUNY/GRADUATE SCHOOL

- 2005 **PHD IN PHILOSOPHY:** The Metacausal Theory of Autonomy
Committee: Harry Frankfurt, Galen Strawson, John Greenwood (chair), Stephen Grover, Michael Levin (advisor)
- 2003 **M.PHIL. IN PHILOSOPHY**
Areas of specialization: Philosophy of Language, Logic, and Science

CUNY/BROOKLYN COLLEGE

- 1989 **B.A. IN PHILOSOPHY** (*Phi Beta Kappa, summa cum laude*)

ACADEMIC EMPLOYMENT

AMERICAN PHILOSOPHICAL PRACTITIONERS ASSOCIATION

- 2019 – pres. Faculty

CUNY/KINGSBOROUGH COMMUNITY COLLEGE: DEPT. OF HISTORY, PHILOSOPHY & POLITICAL SCIENCE

- 2016 – pres. Professor
2012 – 2016 Associate Professor
2006 – 2012 Assistant Professor
2004 – 2006 Instructor (f/t)
2003 – 2004 Substitute Lecturer (f/t)
1996 – 2000 Adjunct Instructor (p/t)

VASSAR COLLEGE: EXPLORING TRANSFER PROGRAM

- 2008 Visiting Lecturer: Global Ethics and Identity
2007 Visiting Lecturer: Engaged Ethics: Integrating Contemplative Practice and Social Justice

2023 **PHILOSOPHICAL PRACTITIONERS ASSOCIATION OF INDIA**
Faculty

CUNY/BROOKLYN COLLEGE: PHILOSOPHY DEPARTMENT
1991 – 2003 Adjunct / Graduate Teaching Fellow
1998 – 1999 Deputy Chair, summers

CUNY/LAGUARDIA COMMUNITY COLLEGE: HUMANITIES
1998 – 1999 Adjunct Instructor

NON-ACADEMIC EMPLOYMENT

2024 – pres. **SOCRATIC COUNSELING, LLC**
Co-founder, Supervisor, and Philosophical Counselor
2022 – pres. **KNOWLEDGECOIN.IO**
Chief Philosophy Officer
2017 – pres. **PHILOSOPHY TO THE PEOPLE**
Self-employed philosophical counselor
1999 – 2020 **NATURAL BALANCE WELLNESS CENTER**
Yoga and Meditation Instructor

PRO BONO POSITIONS

2024 – pres. **PHILOSOPHICAL COUNSELORS WORKING GROUP**
Co-founder, Supervisor, and Philosophical Counselor
2023 – pres. **AMERICAN PHILOSOPHICAL PRACTITIONERS ASSOCIATION**
Board of Directors, Vice President, and Co-Chair Board of Examiners
2024 – pres. **INVITATION-ONLY MEDITATION GROUP**
Meditation Instructor
2023 – 2024 **VERVAEKE FOUNDATION**
Meditation Instructor
2023 – 2024 **AWAKEN TO MEANING**
Meditation and Yoga Instructor

PUBLICATIONS: BOOKS

2022 *The Routledge Handbook on the Philosophy of Meditation*. Ed. R. Repetti. London:
Routledge

- 2019 *Buddhism, Meditation, and Free Will: A Buddhist Theory of Mental Freedom*. London: Routledge
- 2017 *Buddhist Perspectives on Free Will: Agentless Agency?* Ed. R. Repetti. London: Routledge
- 2010 *The Counterfactual Theory of Free Will: A Genuinely Deterministic Form of Soft Determinism*. LAP Lambert Academic

PUBLICATIONS: ARTICLES

- 2025 "Philosophical Counseling and Consulting," Public Philosophy Network.
<https://www.publicphilosophynetwork.net>.
- 2025 "An Argument for Philosophical Therapy," *Philosophical Practice* 20(2): 3521-3531.
- 2024 "Philosophical Counselors as Soul Doctors," *Philosophical Practice* 19(1): 3234-3250.
- 2023 "A Sampling of Philosophical Counseling Frameworks, Tools, and Practices".
Interdisciplinary Research in Counseling Ethics and Philosophy, 3(8): 136-195.
- 2020 "A Defense of *Buddhism, Meditation, and Free Will: A Theory of Mental Freedom*,"
Zygon 55 (2): 540-564.
- 2020 "Meditation." *Palgrave Encyclopedia of the Possible*, 1-9.
- 2020 "Existential Digestion: Philosophical Counseling during the Pandemic," *Philosophical Practice* 15 (2-3): 2508-2515
- 2019 "Freedom of the Mind: Buddhist Soft Compatibilism," *Philosophy East and West* 70 (1): 174-195.
- 2019 "Steel Men and Viewpoint Manicheanism," *Quillette*. August 14.
- 2018 "Symposium on *Buddhist Perspectives on Free Will: Agentless Agency?*", *Journal of Buddhist Ethics* 25, 635-662.
- 2018 "It Wasn't Us: Reply to Michael Brent", *Journal of Buddhist Ethics* 25, 839-855.
- 2018 "It Wasn't Me: Replies to Karin Meyers", *Journal of Buddhist Ethics* 25, 855-886.
- 2016 "If God Didn't Satisfice, We Could Still Exist", *Science, Religion & Culture* 2:4 (March 2016), 115-24
- 2015 "Buddhist Meditation and the Possibility of Freedom", *Science, Religion & Culture* 2:2 (May 2015), 81-98
- 2014 "Recent Buddhist Theories of Free Will: Compatibilism, Incompatibilism, and Beyond",
Journal of Buddhist Ethics 21 (March 13, 2014), 279-352
- 2012 "Buddhist Hard Determinism: No Self, No Free Will, No Responsibility", *Journal of Buddhist Ethics* 19 (April 19, 2012), 130-97
- 2012 "Buddhist Reductionism and Free Will: Paleo-compatibilism", *Journal of Buddhist Ethics* 19 (April 11, 2012), 33-95
- 2010 "Earlier Buddhist Theories of Free Will: Compatibilism", *Journal of Buddhist Ethics* 17 (December 21, 2010), 279-310
- 2010 "Meditation and Mental Freedom: A Buddhist Theory of Free Will", *Journal of Buddhist Ethics* 17 (July 15, 2010), 166-212
- 2010 "The Case for a Contemplative Philosophy of Education", *New Directions for Community Colleges* 151 (Fall 2010), 5-15

- 2004 “Reply to Steven Cahn’s ‘The Ethics of Teaching: A Puzzle,’” *American Philosophical Association Newsletter on Teaching Philosophy* 3:2 (Spring 2004), 18-19

PUBLICATIONS: CHAPTERS

- 2025 “Awareness as Transformative.” In: Amir, L., ed. *Handbook of Transformative Philosophy*. Springer. https://doi.org/10.1007/978-3-031-65279-0_6-1.
- 2022 “Selfhood and Resentment.” In *Reasons and Empty Persons: Mind, Metaphysics, and Morality. Essays in Honor of Mark Siderits*. Ed. C. Coseru. Springer.
- 2022 “Introduction”. In *Essays on Philosophy, Praxis and Culture: An Eclectic, Provocative and Prescient Collection*. Ed. L. Marinoff. New York: Anthem Press.
- 2021 “Is Anything We Do Ever Really Up To Us? Western and Buddhist Philosophical Perspectives on Free Will.” In *Philosophy’s Perennial Questions: Comparing Buddhist and Western Approaches*. Ed. Steven Emmanuel. Columbia University Press.
- 2018 “I Could Have Done Otherwise, Had I Wanted To.” In *Clarity and Vision: An Introduction to Philosophy* 2d ed., eds. Ben Abelson, Marie Friquegnon, and Raziel Abelson, ch. 6. Kendall Hunt Publishing.
- 2017 “What Do Buddhists Think about Free Will?” In *A Mirror Is for Reflection: Understanding Buddhist Ethics*, edited by Jake Davis, ch. 14. New York: Oxford University Press.
- 2016 “Meditation Matters: Replies to the Anti-McMindfulness Bandwagon!” In *Handbook of Mindfulness: Culture, Context and Social Engagement*, eds. Ron Purser, David Forbes, and Adam Burke, 473-493. Springer.

WORKS IN PRESS

- “On Buddhist Exceptionalism: Is Buddhism the Religion for the Contemporary West?”, *Agatheos*
- “Prolegomena to a Philosophy of Meditation,” *Philosophy and Society* 36:4.
- “Comparing Philosophical Counseling with Teaching Philosophy,” *APA Newsletter on Teaching Philosophy*
- “Scientific, Philosophical, and Practical Elements of Two New Philosophical Group Practices: Dialectic into *Dialogos* and the Socratic Search Space,” co-authored with John Vervaeke, *Interdisciplinary Research in Counseling Ethics and Philosophy*

BOOKS IN PROGRESS

- *The Philosophy of Meditation*. Monograph. (Tentative: Oxford University Press)
- *Meditation as Philosophy: A Guide for Philosophy as a Way of Life*.
- *Philosophy of the Paranormal*
- *Soft Compatibilism: Buddhist Agency in the Absence of a Substantive Self*. Monograph

(Tentative: Springer)

- *Philosophical Therapy*. Anthology (Tentative: Springer)
- *Indian Philosophy for Everyday Life*. Monograph
- *Meditation for Objectivists: Attentional Training for Increased Autonomy*. Monograph

ARTICLES IN PROGRESS

- “Is There a ‘Methodless Method’ in Philosophical Counseling?”
- “Why There Is and Ought To Be a Philosophy of Meditation: A Reply to Evan Thompson”.
- “Case Studies in Philosophical Therapy”. *Philosophical Practice*.
- “Self-Forming, Self-Unforming, and Self-Transcending Aspirational Practices: A Response to L.A. Paul’s Paradox of Self-Transformation”. Rick Repetti and John Vervaeke.

PUBLICATIONS: BOOK REVIEWS

- 2022 *How Things Are: An Introduction to Buddhist Metaphysics*. By Mark Siderits. Oxford, UK: Oxford University Press, 2022. Pp. vi + 204. Paperback \$29.95, ISBN 978-0-19-760691-9. *Philosophy East & West* 72(4):1-5.
- 2021 Peter Boghossian and James Lindsay, *How to Have Impossible Conversations: A Very Practical Guide* (New York: Lifelong Books, 2019). 248pp. \$16.99. ISBN 978-0738285320 (paperback). *APA Newsletter on Teaching Philosophy* 21:1 (Fall 2021), 3-5.
- 2015 Jay L. Garfield, *Engaging Buddhism: Why It Matters to Philosophy*, Oxford University Press, 2015, 400pp., \$29.95, ISBN 978-0-19-020434-1 (paperback). *Science, Religion & Culture* 2:2 (May 2015), 1-6.
- 2015 Christian Coseru. *Perceiving Reality: Consciousness, Intentionality, and Cognition in Buddhist Philosophy*. Oxford University Press 2012. 384 pp. \$78.00 USD (Hardcover ISBN 9780199843381); \$29.95 USD (Paperback ISBN 9780190253110). *Philosophy in Review* 35:4 (August 2015), 191-193.
- 2014 Peter Boghossian, *A Manual for Creating Atheists*, Pitchstone Publishing, 2013, 280pp., \$14.95, ISBN 978-1939578099 (paperback). Foreword by Michael Shermer. *Science, Religion & Culture* 1:2 (August 2014), 93-96.

EDITORIAL WORK

- 2024 – pres. *Philosophical Practice*, International Editorial Board
- 2022 – pres. *Philosophy East & West*, Reviewer
- 2019 – pres. *Publons*, Reviewer
- 2018 *Journal of Buddhist Ethics*, Special Issue Guest Editor
- 2017 – pres. *Journal of Buddhist Ethics*, Associate Editor and Reviewer
- 2014 – 2022 *APA Newsletter on Philosophy in Two-Year Colleges*, Editorial Board
- 2014 – 2019 *Science, Religion & Culture*, Editorial Board and Reviewer

2014 *Southwest Philosophy Review*, Reviewer
 2013 – pres. *Buddhist Studies Review*, Reviewer
 2013 *Journal of Cognitive Science*, Reviewer

OTHER PHILOSOPHICAL WORK

2024 – pres. *UTOK (Unified Theory of Knowledge) Matrix*, Member
 2024 – pres. *American Philosophical Practitioners Association*, Faculty
 2023 – pres. *Victor Lange Dissertation on Mindfulness*, Expert Advisor
 2022 – pres. *X-Phi Research Project on Buddhism and Free Will*, Expert Advisor
 2022 – pres. *Knowlegecoin.io*, Chief Philosophy Officer

PRESENTATIONS / PODCAST INTERVIEWS

June 2025 “An Argument for Philosophical Therapy”. 18th International Conference on Philosophical Practice. Zagreb, Croatia.
 June 2025 “Transformative Philosophy”. Panel. 18th International Conference on Philosophical Practice. Zagreb, Croatia.
 June 2025 “The Platonic Cave Elevator: Dialectic into Dialogos & the Socratic Search Space”. Panel. 18th International Conference on Philosophical Practice. Zagreb, Croatia.
 June 2025 “Dialectic into *Dialogos*: Reverse Engineering Socratic Dialogue”. Workshop. 18th International Conference on Philosophical Practice. Zagreb, Croatia.
 June 2025 “Taking the Platonic Cave Elevator: the Socratic Search Space”. Workshop. 18th International Conference on Philosophical Practice. Zagreb, Croatia.
 June 2025 “The Philosophical Counseling Working Group”. Panel. Annual Meeting of the American Philosophical Practitioners Association.
 May 2025 “APPA Book Club, #6, hosted by Rick Repetti. Featured guest: Skye Cleary.
 April 2025 “Meditation, Precognition, and Consciousness: An Objection to the Naturalism/Supernaturalism Dichotomy”. Panel on Extended Naturalism. UTOK Conference on Consciousness.
 March 2025 “APPA Book Club, #6, hosted by Rick Repetti. Featured guest: Ashwini Mokashi. <https://youtu.be/pD2W1Cf0gDA?si=rDJX6yYqudaqrkPu>.
 Dec. 2024 “APPA Book Club, #5, hosted by Rick Repetti. Featured guest: Samir Chopra. <https://youtu.be/2pYZHfGEPQw?si=vzx5IiP-cGnQSLrv>.
 Dec. 2024 “Jhana Meditation Facilitates Insight and Cognitive Flexibility”, with John Vervaeke, Mark Miller, and Jonas Mago. YouTube series: Voices with Vervaeke. <https://youtu.be/yFyhZD0XhWE?si=4WrRT8vMPD6qjWp>.
 Nov. 2024 “APPA Book Club, #4, hosted by Rick Repetti. Featured guest: Henri Colt. <https://youtu.be/qi1yt9iZHcU?si=Iex0GcDjCkqRPbJb>.
 Oct. 2024 “APPA Book Club, #3, hosted by Rick Repetti. Featured guest: Massimo Pigliucci. <https://youtu.be/xJtmcYZiZx4?si=Tlg0muxuLjQ25Es>.

- Sept. 2024 “APPA Book Club, #2, hosted by Rick Repetti. Featured guest: Michael Picard. <https://youtu.be/6NizyTgRHyk?si=zXjQmVYJy7V8Ln5M>.
- Sept. 2024 “APPA Book Club, #1, hosted by Rick Repetti. Featured guest: Aleksander Fatic. <https://www.youtube.com/watch?v=GgrGZPoJN2U&t=1s>.
- June 2024 “An Argument for Philosophical Therapy”. Paper Presentation. Annual Meeting, American Philosophical Practitioners Association.
- May 2024 “The Concept and Experience of God from Ancient Indian Philosophical and Metamodern Perspectives”. Lecture and Practice Workshop. Metamodern Spirituality Retreat. Sky Meadow Retreat Center. Greensboro Bend, VT
- April 2024 “What Is Justification and Can It Be Framed as a Virtue? A Dialectic to *Dialogos*”. Panel Discussion, with Robert Gray, and Martin Chikilian. UTOK Consilience Conference.
- April 2024 “What Is Wisdom and How Can It Be Cultivated?”. Panel presentation with Iris Stammberger and Michael Mascolo. UTOK Consilience Conference.
- April 2024 “Q&A with John Vervaeke and Rick Repetti”. Podcast. John Vervaeke’s Patreon channel.
- April 2024 “Life of Rick Repetti”. Episode #5, Soul Makers podcast. https://open.substack.com/pub/soulmakers/p/soulmakers-5-a-life-of-rick-repetti?r=o93n&utm_medium=ios
- April 2024 “Philosophy and Mental Health, with Rick Repetti and Mark Pellegrino”. Podcast. https://m.youtube.com/watch?v=UljYMfMAIO4&fbclid=IwAR26v0S5B9RLAkMRb5T-i0qItrWd3jMADnAPYIx5mvWet1zsYAR55NCEKU0_aem_AcbGCpeMM54IWwfmtRwKUg-JRwqE64TX6AwDUUoBUilt6VVCGLGAJUleMxQv4XVtFI8
- March 2024 “Integrating Science with Contemplative Practice | Philosophy of Meditation #7 with Mark Miller”. Podcast. Voices with Vervaeke. YouTube. <https://youtu.be/JF1DERVUc1M?si=KGpCTFW8ZX6zxyOA>
- Feb. 2024 “Ancient Wisdom, Modern Insights | Philosophy of Meditation #6 with Massimo Pigliucci”. Podcast. Voices with Vervaeke. YouTube. <https://youtu.be/bm5ybQOGWXI?si=RypIAtfDOoc9M7gG>
- Feb. 2024 “Bridging Mindfulness and Philosophical | Philosophy of Meditation #5 with Evan Thompson”. Podcast. Voices with Vervaeke. YouTube. <https://youtu.be/Gos-K8Lstbk?si=ji9eZg68EhPHc6Jq>
- Feb. 2024 “Zen, Awareness and American Spirituality | Philosophy of Meditation #4 with Thomas Metzinger”. Podcast. Voices with Vervaeke. YouTube. <https://youtu.be/dxfmX4QkEyw?si=C5nE0vrKEVTMd3Ta>
- Feb. 2024 “Meditation in Practical Philosophy | Philosophy of Meditation #3 with Lou Marinoff”. Podcast. Voices with Vervaeke. YouTube. <https://youtu.be/eaBrbjAueF8?si=TxE6NH2geeGlg5Hx>
- Jan. 2024 “Unveiling the Self | Philosophy of Meditation #2 with Pierre Grimes”. Podcast. Voices with Vervaeke. YouTube. <https://youtu.be/LBID1be2BPk?si=CdeQ79yevqYa9zC>
- Jan. 2024 “The Journey to Philosophical Wisdom | Philosophy of Meditation #1 with Rick

- Repetti". Podcast. Voices with Vervaeke. YouTube.
<https://youtu.be/JC3NpMEhGKQ?si=gAWZpijCDMngAh-e>
- Nov. 2023 "UTOKing with Rick Repetti: Determined to Be Free". Podcast Interview. Gregg Henriques's UTOK: Unified Theory of Knowledge.
https://www.youtube.com/watch?v=ux0k_4_mhQ4.
- June 2023 "A Sampling of Philosophical Counseling Frameworks, Tools, and Practices". Paper presentation. 17th International Conference on Philosophical Practice. Timisoara, Romania.
- June 2023 "Practicum on Philosophical Practices". Workshop. 17th International Conference on Philosophical Practice. Timisoara, Romania
- May 2023 "An Argument for Soft Compatibilism from the Buddha's Mental Freedom Claim". Mahatma Gandhi Center for Conflict Resolution and Peace Studies. Lady Keane College. Shillong, Meghalaya, India
- May 2023 "Yoga from a Metamodern Breathwork Perspective". Workshop. Metamodern Spirituality Retreat. Sky Meadow Retreat Center. Greensboro Bend, VT
- March 2023 "Knowledgecoin: Building a Knowledge Commons in the Digital Age". Symposium: Symposium: Lawful, Propositional, and Sapiential Consilience. Online conference: Consilience: Unifying Knowledge and Orienting Toward a Wisdom Commons.
- Jan. 2023 "Meditation as Philosophy: Arguments Pro and Con". Panel: Meditation as Philosophy? International Society for Buddhist Philosophy. American Philosophical Association, Eastern Division. 119th Annual Meeting. Montreal.
- Dec. 2022 "INSIDE UTOK with Rick Repetti". Podcast Interview. UTOK: Unified Theory of Knowledge, Gregg Henriques.
<https://www.youtube.com/watch?v=DoEEiDIIdU7s>.
- Oct. 2022 "Philosophy of Meditation". Podcast Interview: Natural Awakening, with Wylan T. Bryant-Scott. <https://anchor.fm/wylan-t-bryant-scott/episodes/Rick-Repetti-Philosophy-of-Meditation-e1p3n9d/a-a8lv6lt>.
- Oct. 2022 "Contemporary Perspectives on the Philosophy of Meditation". International Webinar. Lady Keane College. Shillong, India
- Oct. 2022 "Philosophy of Meditation and the Self-Transformation Paradox". Podcast Interview: Voices with Vervaeke
- Oct. 2022 "Essays on Philosophy, Praxis and Culture, Anthem Press 2022. The Book Launch!" Online. <https://www.youtube.com/watch?v=3Xtp7FIUhg0>.
- Sept. 2022 "Essays on Philosophy, Praxis, and Culture". International Webinar. Lady Keane College. Shillong, India
- Sept. 2022 "Spinoza's *Ethics*." Guest Lecturer, Modern Philosophy Study Group, Hindu College, University of New Delhi (Zoom), Delhi, India
- Sept. 2022 "Lou Marinoff's *Essays on Philosophy, Praxis and Culture: An Eclectic, Provocative and Prescient Collection*." Invited speaker. Truth in Action: Karma Yoga and Satyagraha – New Dimensions in Gandhian Pragmatics. International webinar. Lady Keane College, Shillong, India
- Sept. 2022 "Descartes's *Discourse on Method* and *Meditations on First Philosophy*." Guest

- lecturer. Modern Philosophy Study Group, Hindu College, University of New Delhi (Zoom), Delhi, India
- Aug. 2022 “Experiences of Meditation”. Podcast Interview. The Integral Stage.
<https://youtu.be/ZvmRliGdnYo>
- June 2022 “Freedom of the Mind: A Buddhist Argument for Soft Compatibilism”. Keynote. Beyond Free Will: Variety in Understanding of Choice, Luck, and Necessity. Vilnius University, Vilnius, Lithuania.
- June 2022 “Typologies of Meditation”. Podcast Interview. The Integral Stage.
<https://youtu.be/cv3iqu-Bm5U>
- June 2022 “Talk'N deep with Rick Repetti...” Podcast interview. Circling Dia-Logos with Guy Sengstock. <https://youtu.be/4Pqhtsw1PrA>
- May 2022 “Rick Repetti: Inviting Creativity into Personal Growth Practices”. Podcast Interview. Move with Seth. <https://youtu.be/XDp3pdoJKXQ>
- May 2022 “Ineffable Spiritual Experience, Secular Denialism, and Lineage Institutions with Rick Repetti”. Podcast Interview. Paul Vanderklay.
<https://youtu.be/PgJvEfcs45M>.
- May 2022 “Free will, agency, and autopoiesis w/ Rick Repetti”. Voices with Vervaeke.
https://youtu.be/JpMpEU9_wv4
- April 2022 “The Philosophy of Meditation”. The Integral Stage.
<https://youtu.be/QsceON6mFT8>
- April 2022 “Philosophical Writing”. *Panathenae*: The Annual Fest of the Department of Philosophy. Online, Hindu College, University of Delhi. Delhi, India
- March 2022 “Begging for More(ness). Episode 2, Part 2”. Podcast Interview. The Meditating Philosopher. <https://youtu.be/TjB467gry9A>
- March 2022 “Begging for More(ness). Episode 2, Part 1”. Podcast Interview. The Meditating Philosopher. https://youtu.be/NxytapB_jq4
- March 2022 “Begging for More(ness) /w Rick Repetti – Part 3”. Podcast Interview. The Meditating Philosopher. <https://youtu.be/U7Wp2uXn3nE>
- Feb. 2022 “Practice, anti-practice, and meta-practice cycles: reincarnation within a lifetime”. Podcast Interview. Voices with Vervaeke. <https://youtu.be/onv2Xlcv5tQ>
- Feb. 2022 “Begging for More(ness) /w Rick Repetti: Inquiry into the Meaning Crisis, Part 2”. Podcast Interview. The Meditating Philosopher. <https://youtu.be/pMZVikI0ri0>
- Feb. 2022 “Begging for More(ness) /w Rick Repetti: Inquiring into John Vervaeke and the Meaning Crisis”. Podcast Interview. The Meditating Philosopher.
<https://youtu.be/h8JHUNNIGRU>
- Jan. 2022 “Relative Merits of Philosophical Counseling”. International Conference on Philosophical Counseling. Online, University of Delhi. Delhi, India
- Dec. 2021 “Transformative experience and philosophical counselling w/ Rick Repetti”. Podcast Interview. Voices with Vervaeke. https://youtu.be/FVSVUT_DeBk
- Dec. 2021 “The philosophy of meditation, transformative experience, etc., w/Rick Repetti”. Podcast Interview. Voices with Vervaeke. https://youtu.be/VSURwG1f_U8
- Aug. 2019 “Episode 315: Rick Repetti: Buddhism, Meditation, and Free Will: A Theory of Mental Freedom”. Podcast interview. The Secular Buddhist. Secular Buddhist

- Association. <https://player.fm/series/the-secular-buddhist/episode-315-rick-repetti-buddhism-meditation-and-free-will-a-theory-of-mental-freedom>
- July 2019 “How Do We Know What Is True? A Look at Objectivist Epistemology: A Chat with Rick Repetti.” APEX Level To Power Podcast # LTP 037, <https://leveltopower.com/index.php/2019/07/29/ltp-037-how-do-we-know-what-is-true-a-look-at-objectivist-epistemology-a-chat-with-rick-repetti/>
- July 2019 “How to Win an Online Argument Using Reason: The Case of the Tattoo.” APEX Level To Power Podcast # LTP 035, <https://leveltopower.com/index.php/2019/07/29/ltp-035-how-to-win-an-online-argument-the-case-of-the-tattoo-taboo-a-chat-with-rick-repetti/>
- Jan. 2019 “A Defense of *Buddhism, Meditation, and Free Will: A Theory of Mental Freedom*,” APA Author Meets Critics Panel Discussion (of my monograph). Ethics in Indian and Tibetan Buddhist Philosophy. APA Eastern Division Annual Convention. New York City.
- Jan. 2019 “Two Truths about Buddhist Agency: From the Personal to the Impersonal?” Panel Discussion: Ethics in Indian and Tibetan Buddhist Philosophy. APA Eastern Division Annual Convention. New York City.
- May 2018 “Philosophy: Who Needs It Series, Part 2. How To build A Stronger Foundation – A Chat with Rick Repetti.” APEX LTP Podcast #33, <https://leveltopower.com/index.php/2018/05/13/ltp-033-philosophy-who-needs-it-series-part-2-how-to-build-a-stronger-foundation-a-chat-with-rick-repetti>
- May 2018 “Philosophy: Who Needs It Series. How To build A Stronger Foundation - A Chat with Rick Repetti.” APEX Level to Power Podcast #32, <https://leveltopower.com/index.php/2018/05/13/ltp-032-philosophy-who-needs-it-series-how-to-build-a-stronger-foundation-a-chat-with-rick-repetti>
- Jan. 2018 Author Meets Critics. Panel discussing my edited collection, *Buddhist Perspectives on Free Will*. APA Eastern Division Annual Convention. Savannah, GA.
- Jan. 2018 Panel Discussion: Ethics in Indian and Tibetan Buddhist Philosophy. APA Eastern Division Annual Convention. Savannah, GA.
- Jan. 2018 Panel Discussion. Committee of Philosophy in Two-Year Colleges. APA Eastern Division Annual Convention. Savannah, GA.
- Feb. 2017 “Buddhist Meditation, Mental Freedom, and Free Will”. Lecture and book signing, Gotham Philosophical Society. Cornelia Street Cafe, NYC
- Jan. 2017 “Applying the Indo-Tibetan Causal Criterion for Ontological Substantiality to the Issue of Agency”. Panel. APA Eastern Division.
- Oct. 2016 “Episode 261: Rick Repetti: Buddhist Perspectives on Free Will”, Podcast interview. The Secular Buddhist. Secular Buddhist Association. <https://player.fm/series/the-secular-buddhist/episode-261-rick-repetti-buddhist-perspectives-on-free-will>
- Oct. 2016 “Applying the Indo-Tibetan Causal Criterion for Ontological Substantiality to the Issue of Agency”. Panel. Philosophical Foundations of the Tantra. Joint Meeting of Society for the Study of Indian and Tibetan Buddhist Philosophy, Society for

- Ancient Greek Philosophy, and Society for the Study of Islamic Philosophy and Science. Fordham University, NYC
- April 2016 “Philosophical Conceptions of Happiness”. Panel. 1st Liberal Arts Symposium, CUNY/Kingsborough
- March 2016 “Animal Rights”. Panel. Ethics and Animals, CUNY/Kingsborough
- Feb. 2016 “Jobs and Rewards: Teaching Philosophy at Community Colleges”. Panel. APA Committee on Philosophy in Two-Year Colleges, 112th Annual Meeting of the APA, Central Division, Chicago, IL
- Jan. 2016 “Jobs and Rewards: Teaching Philosophy at Community Colleges”. Panel. APA Committee on Philosophy in Two-Year Colleges, 112th Annual Meeting of the APA, Eastern Division, Washington, D.C.
- Feb. 2015 “How Do I Obtain and Keep a Full-Time Community College Faculty Position?” Panel. APA Committee Session, 111th Annual Meeting of the APA, Central Division, St. Louis, Missouri
- Oct. 2014 “Born-again Buddhists: On the Buddhist Necessity of Belief in Reincarnation.” Panel. Indian and Tibetan Buddhist Philosophy: Rebirth, 32nd Annual Meeting of the Society for Ancient Greek Philosophy and the Society for the Study of Islamic Philosophy and Science, Fordham University, NYC
- Dec. 2013 “Author Meets Critics: Charles Goodman, Consequences of Compassion.” Panel. International Society for Buddhist Philosophy, 100th Annual Meeting of the APA, Eastern Division, Baltimore, MD
- June 2013 “Visiting Sacred Spaces: Experiencing ‘The Other,’ Up Close and Personal.” Panel. Civic Engagement Projects. “21st Century Citizens: Building Bridges, Solving Problems.” 2013 Meeting of the American Democracy Project and The Democracy Commitment. Denver, CO
- Feb. 2013 “Buddha, Not Prozac: Meditation, Free Will, and Mental Freedom.” Philosophy Department Colloquium, William Paterson University, Wayne, NJ
- Dec. 2012 “The *Dharma*-responsive Theory of Free Will: Enough ‘Freedom to’ to Attain ‘Freedom from.’” Paper. Columbia Society for Comparative Philosophy, Columbia University, NYC
- Nov. 2012 Response to Owen Flanagan’s “Buddhist Quietism about Free Will.” Columbia Society for Comparative Philosophy, Columbia University, NYC
- Oct. 2011 “Free-Will-Possessing and Enlightened Buddhist Brains in Vats.” Panel Five: Freedom & Responsibility. Contemporary Perspectives on Buddhist Ethics, conference, Columbia University, NYC.
http://www.cbs.columbia.edu/buddhist_ethics/panel-five.html
- April 2009 “Socrates, Meet Buddha: On the Use of Mindfulness Meditation in the Philosophy Class.” Paper. 2nd Mindful Learners Conference: Classroom Practices and Faculty Conversations, CUNY Graduate Center, NYC
- April 2009 “Mindfulness Meditation and Autonomy: A Buddhist Theory of Free Will.” Paper. Asian American / Asian Research Institute, CUNY, NYC.
https://youtu.be/kaaz_liRKjI
- May 2008 “Opening the Circle.” Interactive workshop. 4th Annual General Education

	Conference, CUNY/Baruch College, NYC
May 2008	“Reflective Practices.” Faculty development seminar. Teaching Learning Center, CUNY/Borough of Manhattan Community College, NYC
May 2007	“The Knower and the Known: Contemplative Practice in Teaching.” Interactive workshop. 3 rd Annual CUNY General Education Conference, CUNY/Queens College, Queens, NY
March 2007	“Creating Space for Silence: Interdisciplinary Contemplations on Identity.” Chair. Conference on College Composition and Communication, NYC
March 2007	“Philosophical Contemplations on the Self, from the Self.” Panel. Conference on College Composition and Communication, NYC
Oct. 2006	“The DaVinci Code: A Discussion.” Lead discussion. Italian Heritage and Culture Month. CUNY/Kingsborough, Brooklyn, NY
Oct. 2006	“African Philosophy in the Philosophy Curriculum?” Panel. Philosophy & African Diaspora Culture. 5 th Work in Progress at CUNY on the African Diaspora Interdisciplinary Conference, CUNY Graduate Center, NYC
Aug. 2006	“Interactive Workshop on Contemplative Practices in Philosophy Class.” Workshop. 16th Biennial International Workshop Conference of American Association of Philosophy Teachers, Washington & Jefferson College, Pittsburgh, PA
Aug. 2006	“Workshop on the Double Use of Multiple Choice Quizzes.” Workshop. 16th Biennial International Workshop Conference of the American Association of Philosophy Teachers, Washington & Jefferson College, Pittsburgh, PA
Aug. 2006	“Interactive Workshop on the Use of the Student's Own Philosophical Beliefs.” Workshop. 16th Biennial International Workshop Conference of the American Association of Philosophy Teachers, Washington and Jefferson College, Pittsburgh, PA
July 2006	“Inner and Outer Peace.” Meditation. CUNY/Kingsborough Community College. “Meditation on Peace” event, Brooklyn, NY
April 2006	“Contemplative Studies.” Panel. Mindful Learners: Uses of Contemplative Practice in the Classroom Conference, CUNY Graduate Center, sponsored by the Center for Contemplative Mind in Society, NYC
March 2006	“The Spirit of Robert's Rules of Order.” Paper. 2 nd Annual International Convention of the Student World Assembly, McGill University, Montreal, CA
March 2006	“Global Democracy.” Panel. 2 nd Annual International Convention of the Student World Assembly, McGill University, Montreal, CA

GRANTS / AWARDS AT CUNY/KINGSBOROUGH

2022	Mindfulness Meditation Training Pilot Program (\$900), Promoting Student’s Sense of Belonging, a Kingsborough Community College initiative.
2016	President’s Grant for Scholarly and Applied Research – course release to work on formal book proposal for Buddhism and Free Will monograph
2010/2011	PSC-CUNY PSCREG-41-167 Research Award for “Buddhism and Free Will” –

	\$1,928.50
2009/2010	PSC-CUNY PSCREG-40-225 Research Award for “A Genuinely Deterministic Theory of Soft Determinism” – \$2,660.00
2009/2010	Faculty Fellowship Publication Program – course release
2008/2009	PSC-CUNY PSCREG-39-253 Research Award for “Mindfulness Meditation and Free Will” – \$3,990.00
2007/2008	PSC-CUNY PSCREG -38-109 Research Award for “Does Mindfulness Meditation Enhance Philosophical Engagement” – \$1,000.00
2006	CUNY Faculty Development Grant for “Reflective Practice: Medium & Message”, a learning community exploring use of contemplative practices in Classical Philosophy, English, Speech, and Student Development courses, with Kate Garretson and Holly Krech Thomas - \$10,000.00
2006	Kingsborough Community College “President’s Innovative Pedagogy Award” for contemplative pedagogy course, “Reflective Practice: Medium & Message”, shared with Kate Garretson and Holly Krech Thomas

DISTINCTIONS AT CUNY/GRADUATE SCHOOL

1990 – 2003	Awarded Graduate University Tuition Scholarships and Graduate University Tuition Fellowships (several times for each type)
1999 – 2001	Awarded 3-year Graduate Teaching Fellowship
1996 – 1998	Awarded 3-year Graduate Teaching Fellowship
1990 – 1993	Awarded three one-year Graduate Research Assistantships, assigned to Distinguished Professor of Philosophy Jerry Katz

DISTINCTIONS AT CUNY/BROOKLYN COLLEGE

1989	<i>Phi Beta Kappa, summa cum laude, Alpha Sigma Lambda, Alpha Sigma Lambda Award, Departmental Honors in Philosophy, Philosophy Department Senior Scholarship, College Senior Award, Mangione Memorial Award, Gold Pen (Journalism) Award, Howard Hintz (refereed) Essay Award: “Critique of Nozick's Entitlement Theory”</i>
1988	Howard Hintz Essay Award: “Locke's Proviso and the Minimal State”, Hirsch Scholarship
1987	Howard Hintz Essay Award: “Lifeboat Ethics: The Singer-Hardin Debate”, Saul Lyons Scholarship
1986	Dean's List

DISTINCTIONS AT CUNY/LEHMAN COLLEGE

1985/6	Lehman Scholar
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OTHER PROFESSIONAL EDUCATION

2023	Dialectic to <i>Dialogos</i> . 12-week professional development training. Online. Vervaeke Foundation.
2023	Supervision, for Level 2 Philosophical Counselor Certification, with Lydia Amir and Lou Marinoff. American Philosophy Practitioners Association, NYC.
Oct. 2023	Nelsonian Socratic Dialogue Training. 3-day professional development training. Online. American Philosophical Practitioners Association.
May 2023	“More Wise: How to Practice Wisdom”. 3-day professional development training. Respond Network.
Dec. 2022	“The Wisdom Project. 7-week professional development workshop. Online, with Iris Stammberger.
Oct. 2022	Philosophical Consulting (Dilemma) Training. 2-day professional development training. Online. American Philosophical Practitioners Association.
June 2022	Dialectic to <i>Dialogos</i> . 2-day retreat, online. The Circling Institute. California
Feb. 2018	Certification: Mindfulness Practitioner Levels 1, 2, 3, and Master. Udemy Certification Program.
Dec. 2017	Certification: Life Coach. Udemy Certification Program.
Oct. 2017	Certification: Cognitive Behavioral Therapy Practitioner. Udemy Certification Program.
July 2017	Certification: Philosophical Counselor. Philosophical Practitioner Certification Training Program. American Philosophy Practitioners Association, NYC.
Oct. 2011	Contemporary Perspectives on Buddhist Ethics Conference. Columbia University.
2003 – 2005	Gestalt Center for Psychotherapy and Training, New York, NY. Qualified Gestalt Therapist (QGT) training.

OTHER PROFESSIONAL EXPERIENCES / CONFERENCES

June 2025	International Conference on Philosophical Practice. Zagreb, Croatia. 3-day conference.
March 2024	Annual Meeting of the APA, Pacific Division, Portland, Oregon. 4-day conference.
Jan. 2024	Annual Meeting of the APA, Eastern Division, New York, NY. 4-day conference.
June 2023	International Conference on Philosophical Practice. Timisoara, Romania. 4-day conference.
March 2023	Consilience: Unifying Knowledge and Orienting Toward a Wisdom Commons. 3-day online conference.
Jan. 2023	Annual Meeting of the APA, Eastern Division, Montreal, Quebec. 4-day conference.
Nov. 2022	Śāntideva: Utilitarian or Eudaimonist? Charles Goodman and Amod Lele Center for Culture, Society and Religion. Princeton University, NJ.
Sept. 2022	Buddhist Ethics 3.0. 3-day conference, invitation only. University of British Columbia, Vancouver, Canada.
July 2022	Board of Directors Retreat. American Philosophical Practitioners Association. 3-

day retreat, Monroe, NY.

Jan. 2019 Annual Meeting of the APA, Eastern Division. 3-day philosophy conference, NYC.

Feb. 2017 Readings of the *Bodhicaryāvatāra*. Conference. Princeton University, NJ.

Jan. 2017 Annual Meeting of the APA, Eastern Division. 3-day philosophy conference, Baltimore, MD.

June 2016 Buddhist Ethics 1.0. 3-day philosophy conference, invitation only. Dickinson College, PA.

May 2016 Peace Building through Intercultural Dialogue. 7th Annual Friendship Dinner, Turkish Cultural Center, Baku Palace, Brooklyn, NY.

April 2016 Global Citizenship Alliance. 8-day global citizenship seminar, Salzburg Austria

March 2016 Annual Meeting of the APA, Central Division. 3-day philosophy conference, Chicago, IL.

Jan. 2016 Annual Meeting of the APA, Eastern Division. 3-day philosophy conference, Washington, DC.

Dec. 2014 Annual Meeting of the APA, Eastern Division. 3-day philosophy conference, Philadelphia, PA.

Dec. 2013 Annual Meeting of the APA, Eastern Division. 3-day philosophy conference, Baltimore, Maryland.

June 2013 The Democracy Commitment & the American Democracy Project 2013 Joint National Meeting. 3-day conference, “21st Century Citizens: Building Bridges, Solving Problems.” Denver, Colorado.

July 2012 Bridging Cultures Summer Institute. 6-day curriculum and faculty development project, supported by a grant from the National Endowment for the Humanities: “Bridging Cultures to Form a Nation: Difference, Community, and Democratic Thinking.” University of Vermont, Burlington, VT.

May 2009 American Philosophy Practitioners Association. Annual Meeting, CUNY/City College, NYC.

May 2008 Making It Work and Making It Matter. 4th Annual CUNY General Education Conference, CUNY/ Baruch College, NYC.

May 2007 Professing Liberal Education: What Do We Need to Know? What Do We Need to Do? 3rd Annual CUNY General Education Conference, CUNY/Queens College.

April 2007 Salzburg Global Studies Program. 9-day Global Citizenship Seminar, Salzburg, Austria.

March 2007 Conference on College Composition and Communication. 3-day pedagogy conference, NYC.

Feb. 2007 The Collaborative Institutional Training Initiative. Human Research Protections Training Program, CUNY.

Jan. 2007 Designing & Publishing Classroom-Based Research: Winter Seminar 4-day workshop, Kingsborough Center for Teaching & Learning’s Scholarship of Teaching & Learning (SoTL), facilitated by Connie Schroeder (U. of Wisconsin-Milwaukee) in support of SoTL research pilot, “The Effects of Mindfulness Meditation Sessions in the Philosophy Classroom”.

- Oct. 2006 The Fifth Work in Progress at CUNY on the African Diaspora Interdisciplinary Conference on African philosophy, CUNY Graduate Center.
- Aug. 2006 Biennial International Workshop Conference. 4-day workshop conference of the American Association of Philosophy Teachers, on philosophy pedagogy, Washington and Jefferson College, Pittsburgh, PA.
- 2003 – 2005 The Free Will Circle. CUNY Graduate Center, NYC. Founder/organizer: Weekly free will reading/discussion group.

OTHER PROFESSIONAL EXPERIENCE: GENERAL

- 2023 – pres. Meditation Instructor, Vervaeke Foundation. Vervaekefoundation.org
- 2022 – pres. Vice President, American Philosophical Practitioners Association, NY
- 2021 – pres. Board of Directors, American Philosophical Practitioners Association, NY
- 2020 – pres. Meditation Instructor, Natural Balance Wellness Center, Brooklyn, NY
- 2017 – pres. Philosophical Practitioner, Life Coach, CBT Practitioner, Brooklyn, NY and online. Private practice
- 2023 – 2024 Facilitator, Meditation and Yoga sessions. Starter Ecology of Practices. Awaken to Meaning. Awakentomeaning.com
- 2000 – 2020 Meditation & Yoga Instructor, Natural Balance Wellness Center, Brooklyn, NY
- 2007 – 2008 Paradocs, New York, NY, copyeditor
- 2002 – 2003 Gestalt Psychotherapist, under supervision. Gestalt Center for Psychotherapy and Training, New York, NY
- 1990 – 1998 Freelancer, copy edited several books and/or journal articles for Jerry Katz (CUNY Graduate School), Professors Beth Singer and Gertrude Ezorsky (Brooklyn College)
- 1996 – 1998 Mitchell Madison Group, New York, NY. Copyeditor, consulting firm
- 1986 – 1996 Proskauer Rose Goetz & Mendelsohn, LLP, New York, NY. Litigation paralegal/legal proofreader, corporate law firm (extensive analytic and organization skills)

INNOVATIVE PEDAGOGY

- 2019 - pres. *Introduction to Philosophical Problems and Ancient Philosophy*. Designed, fully online courses.
- 2013 - 2017 *Philosophy of Religion*, web-enhanced, linked with English Composition II, Integrative Studies Program, Learning Community.
- 2010 - 2017 *Problems in Philosophy*, designed, web-enhanced, hybrid, and/or linked with English Composition I.
- 2007 - 2017 *Honors Global Ethics*, designed, hybrid, linked with Salzburg Seminar International Studies Program and Global Citizenship Alliance.
- 2012 - 2014 *Philosophy in Asian Traditions*, web-enhanced, linked with English Composition II, Advanced Learning Community.
- 2007 - 2012 *History of Philosophy: The Classical Philosophers*, web-enhanced, linked with

- English Composition I, Open Doors Learning Community.
 2009 *Ethics*, web-enhanced, linked with English Composition II, Learning Community.
 2009 *Honors History of Philosophy: The Classical Philosophers*, hybrid.
 2008 *Global Ethics and Identity*, Vassar College.
 2007 *Engaged Ethics: Integrating Contemplative Practice & Social Justice*, Vassar College.

CONTEMPLATIVE DISCUSSION GROUPS

- 2016 – pres. Buddhist Philosophy and Practice Discussion Group, Facebook, moderator, <https://www.facebook.com/groups/BuddhistPhilosophyPractice/>.
 2016 – pres. Buddhism and Free Will Discussion Group, Facebook, founder/administrator, <https://www.facebook.com/groups/620183721485783/>.
 2012 – pres. Rockaway Meditation Group, Facebook, founder/administrator, <https://www.facebook.com/groups/496565260387501/>.
 2011 – pres. KCTL Contemplative Practices Meditation Group, Facebook, founder/administrator, <https://www.facebook.com/groups/209051622606199/>.
 2007 – pres. CUNY Contemplatives Network, Facebook, founder/administrator, <https://www.facebook.com/groups/189993227719128/>.
 2005 – pres. CUNY Contemplatives Network, PBworks wiki, founder/administrator, <http://cunycontemplatives.pbworks.com/>.
 2009 – 2012 Association for Contemplative Mind in Higher Education, blog facilitator, www.achme.org.

CONTEMPLATIVE EXPERIENCE: GENERAL

- 2007 – pres. Contemplative Practices Faculty Interest Group. Kingsborough Center for Teaching and Learning. CUNY/Kingsborough Community College, Brooklyn, NY. Lead weekly, year-round meditation and contemplative studies group for faculty, staff and students.
 2006 – pres. CUNY Mindfulness and Contemplative Studies initiative, formerly the CUNY Contemplatives Network. Co-founder/administrator.
 2000 – pres. Natural Balance Massage & Wellness Center, Brooklyn, NY. Provide meditation workshops, yoga classes, and yoga therapy.
 2024 Buddhist Ethics 4.0. Private three day conference, invitation only. Barre Center for Buddhist Studies, Barre, MA.
 2024 Metamodern Spirituality Retreat. 4 day. Sky Meadow Retreat Center. Greensboro Bend, VT.
 2022 Meditation as Practical Wisdom. Day retreat. Natural Balance Massage & Wellness Center. Brooklyn, NY.
 2022 The Wisdom Project, with Iris Stammberger. 7-week program, weekly two-hour workshops. Online sapiential / self-transformation workshop series.

- 2022 Buddhist Ethics 3.0. Private 3-day conference, invitation only. University of British Columbia, Vancouver, Canada.
- 2022 Circling *Dialogos*, with John Vervaeke, Guy Sengstock, and Christopher Mastropietro. 2-day retreat. Online, self-transformation workshop series.
- 2022 *Tripurārahasya*, by Ācārya Sthaneshwar Timalsina. Online course, Vimarsha Foundation.
- 2022 Metamodern Spirituality Retreat. 4-day. Sky Meadow Retreat Center. Greensboro Bend, VT.
- 2021 *Yoga Vashishta*, by Sthaneshwar Timalsina. Online course, Vimarsha Foundation.
- 2020 Meditation Day Retreat, Natural Balance Massage & Wellness Center, Brooklyn, NY.
- 2019 Meditation Half-Day Retreat, Natural Balance Massage & Wellness Center, Brooklyn, NY.
- 2019 Meditation Day Retreat, Natural Balance Massage & Wellness Center, Brooklyn, NY.
- 2018 Meditation as Philosophy, 4-week series, Natural Balance Massage & Wellness Center, Brooklyn, NY.
- June 2016 Buddhist Ethics 1.0.. Private 3-day conference, invitation only. Dickinson College, Carlisle, PA.
- April 2016 Contemplative Community Building Retreat. 4-day Fellows retreat, The Center for Contemplative Mind in Society Fetzer Institute's Seasons Retreat Center, Kalamazoo, MI.
- 2012 – 2103 Rockaway Meditation Group. Founder, lead meditations in Rockaway yoga community in the wake of Hurricane Sandy.
- May 2012 National Endowment for the Humanities 2-week Summer institute, "Investigating Consciousness: Buddhist and Contemporary Perspectives", College of Charleston, Charleston, SC
- 2011 – 2014 CUNY Fall Mindfulness Lecture Series. CUNY Graduate Center, NYC. Co-organizer, monthly colloquia inviting Dharma teachers, philosophers, neuroscientists, and other leading intellectuals to lecture/discuss mindfulness meditation.
- May 2010 3-day Retreat with His Holiness the Dalai Lama, Teaching on Nagarjuna's *Commentary on Bodhicitta*, and Shantideva's *A Guide to the Bodhisattva's Way of Life*, Radio City Music Hall, NYC.
- April 2009 The Contemplative Heart of Higher Education. 3-day contemplative pedagogy convention. Association for Contemplative Mind in Higher Education. Amherst College, Amherst, MA.
- April 2009 Classroom Practices and Faculty Conversations. 2nd Mindful Learners Conference. CUNY/Graduate Center, NYC. Organizer, led meditation, and panel presentation.
- Nov. 2007 Retreat for Academics. Center for Contemplative Mind in Society. Trinity Conference Center. West Cornwall, CT. 4-day contemplative pedagogy retreat.
- Aug. 2006 Summer Session on Contemplative Pedagogy. Center for Contemplative Mind in

- Society, held at Smith College, Northampton, MA. 5-day contemplative pedagogy training program.
- April 2006 Mindful Learners: Uses of Contemplative Practice in the Classroom. CUNY/Graduate Center, NYC. Sponsored by Center for Contemplative Mind in Society. Organizer, led meditation, panel presentation, workshop leader.
- 2003-2005 Gestalt Center for Psychotherapy and Training. NYC and West Cornwall, CT . 2-year full-time post-graduate Gestalt psychotherapy training program. Four 3-day retreats. 64 Continuing Education Units (CEUs).
- Aug. 2003 Insight Meditation Society. Barre, MA. 3-day mindfulness meditation training retreat with Dhamma Dena (aka Ruth Dennison).
- 2001 – 2003 Yoga and Meditation Instructor. Teach yoga and meditation in several Community Centers. Brooklyn, NY.
- 2000 - 2002 South Shore H.S., Brooklyn, NY. Continuing Adult Education Program. Teach yoga and meditation courses.
- 2001 CUNY/Brooklyn College, Brooklyn, NY. Continuing Adult Education Program. Teach yoga course.
- 2000 Integral Yoga Ashram. Yogaville, Virginia. 3-day yoga training retreat with Integral Yoga Institute (IYI) founder, Swami Satchidananda.

COURSES TAUGHT: CUNY/KINGSBOROUGH COMMUNITY COLLEGE

- *Introduction to Philosophical Problems*
- *History of Philosophy: The Classical Philosophers*
- *History of Philosophy: The Modern Philosophers*
- *Philosophy of Religion*
- *Philosophy in Asian Traditions*
- *Logic*
- *Ethics*
- *Bioethics*
- *Global Ethics*
- *Honors Global Ethics*
- *Problems in Philosophy: God, Humanity, and Nature*

COURSES TAUGHT: VASSAR COLLEGE

- *Engaged Ethics: Integrating Contemplative Practice and Social Justice*
- *Global Ethics and Identity*

COURSES TAUGHT: CUNY/BROOKLYN COLLEGE

- *Knowledge, Existence, Value*

- *Ethics and Society*
- *Ethical Theory*
- *Ethical Issues in Business*
- *Yoga* (in the Continuing Adult Education program)

COURSES TAUGHT: CUNY/LA GUARDIA COMMUNITY COLLEGE

- *Introduction to Philosophy*

COURSES TAUGHT: AMERICAN PHILOSOPHICAL PRACTITIONERS ASSOCIATION

- *Indian Philosophy for Wisdom in Daily Life*
- *Philosophical Counseling Certification Course*

COURSES TAUGHT: PHILOSOPHICAL PRACTITIONERS ASSOCIATION OF INDIA

- *Philosophical Counseling Certification Course*

COURSES TAUGHT: CONTINUING ED PROGRAM/SOUTH SHORE H.S.

- *Meditation*
- *Yoga*

SERVICE AT CUNY/KINGSBOROUGH COMMUNITY COLLEGE

- 2020 – pres. PSC-CUNY Grievance Counselor (Kingsborough)
- 2019 – pres. PSC-CUNY Delegate Assembly (Kingsborough/CUNY)
- 2015 – pres. College Council Delegate at Large, Instructional Committee
- 2014 – pres. Departmental Personnel & Budget Committee
- 2014 – pres. College Now (early college) Course Coordinator
- 2006 – pres. Kingsborough Center for Teaching and Learning Advisory Board
- 2006 – pres. Contemplative Practices Faculty Interest / Faculty Development Group facilitator
- 2020 – 2024 University Faculty Senate (CUNY), senator
- 2016 – 2022 College Council, Chair of Instructional Committee
- 2014 – 2018 Ethics Assessment Team Leader
- 2006 – 2018 Student World Assembly, Faculty Advisor
- 2007 – 2017 Vassar College Exploring Transfer Program, Campus Coordinator
- 2006 – 2017 Salzburg / Global Citizenship Alliance Seminar campus coordinator

2006 – 2016 Learning Communities participant
 2006 – 2016 Philosophy Club, Faculty Advisor
 2014 – 2015 Philosophy Search Committee, Chair
 2014 – 2015 Liberal Arts Advisory Board
 2014 College Council, Legislative Committee
 2013 – 2014 Presidential Search Subcommittee Chair
 2006 – 2014 Department Curriculum Committee

PROFESSIONAL AFFILIATIONS / ACTIVITIES

2022 – pres. *Knowledgecoin.io*, Chief Philosophy Officer
 2022 – pres. *American Philosophy Practitioners Association*, Vice President
 2021 – pres. *American Philosophy Practitioners Association*, Board of Directors
 2018 – pres. *American Philosophy Practitioners Association*, Faculty
 2016 – pres. *American Philosophy Practitioners Association*, Member
 2016 – pres. *Center for Contemplative Mind in Society*, Fellow
 2014 – pres. Gotham Philosophical Society, Attendee & Pres.er
 2009 – pres. *Association for Contemplative Mind in Higher Education*, Member
 2009 – pres. *American Philosophy Practitioners Association*, Member
 2007 – pres. Columbia Society for Comparative Philosophy, Attendee & Pres.er
 2006 – pres. *Center for Contemplative Mind in Society*, Member
 2005 – pres. *CUNY Contemplatives Network*, Founding Member
 2005 – pres. *American Association of Philosophy Teachers*, Member
 1990 – pres. *American Philosophical Association*, Member and Pres.er
 2016 – 2017 *APA Committee on Two-Year Colleges*, Chair
 2003 – 2017 CUNY Cognitive Science Speaker Series
 1991 – 2017 CUNY Graduate School Philosophy Colloquia, Attendee
 2014 – 2016 *APA Committee on Two-Year Colleges*, Associate Chair

PERSONAL

I have been practicing Buddhist, Hindu, Daoist and other forms of meditation and yoga for over five decades, and teaching them in the college and the larger community since the 1990s. My primary research is in the philosophy of meditation, which while ancient in Asian philosophy is relatively hidden or novel in Western philosophy, with special emphasis on its self-cultivating, empowering, and transformative potentials, and to bring this contemplative form of “philosophy to the people”, in various forms of practical philosophy, such as philosophical counseling, consulting, coaching, and therapy.

For over 50 years, I have engaged in an ecology of self-transformational and related spiritual, sapiential practices: various forms of meditation, yoga, mindful running, martial arts (4th degree black belt in Shotokan karate), chanting, prayer, journaling, fasting, and related contemplative practices, all of which play a central role in my understanding and living of philosophy as a way

of life.

I've been leading a weekly meditation group for the college community since 2007, which for several years met in person on campus, but which shifted to Zoom during the pandemic and has remained online since.

I have also been leading a weekly meditation and dialogue group for the Vervaeke Foundation since early 2023, which meets for a roughly 45 minute meditation followed by a roughly two-hour dialogue on all things meditative.

I'm a former Fellow of the Center for Contemplative Mind in Society, and a co-founder of the CUNY Mindfulness and Contemplative Studies initiative (CMCS), formerly the CUNY Contemplatives Network, which latter began in 2006 with support from a grant from the Fetzer Institute, the American Council of Learned Societies, and the Center for Contemplative Mind in Society. I'll be teaching in a graduate level Mindfulness Teacher Training Certification program at Lehman College, CUNY, starting in Fall 2025, which I helped the CMCS develop.

I'm also a VP / Board Member of the American Philosophical Practitioners Association (APPA), APPA faculty member, co-chair of the APPA Board of Examiners, and APPA-certified philosophical counselor, with clients all over the world. I also supervise two groups of philosophical counselors: Socratic Counseling LLC and the Philosophical Counselors Working Group.

REFERENCES

Jay Garfield
Department of Philosophy
Smith College
Dewey Hall 106
Northampton, MA 01063
(413) 585-3649
jgarfield@smith.edu

Galen Strawson
Department of Philosophy
University of Texas at Austin
2210 Speedway, Stop C3500
Austin, Texas 78712
(512) 471-6776
gstrawson@austin.utexas.edu

Owen Flanagan
Department of Philosophy
Duke University
201E West Duke Building, Box 90743
Durham, NC 27708
(919) 660-3050
ojf@duke.edu

Gregg Caruso
Department of Philosophy
SUNY Corning
1 Academic Dr., Chemung 201N
Corning, NY 14830
(607) 962-9519
gcaruso@corning-cc.edu

Christian Coseru
Department of Philosophy
College of Charleston

Lou Marinoff
Department of Philosophy
City College of CUNY

66 George Street
Charleston, SC 29424
(843) 953-1935
coseruc@cofc.edu

160 Convent Avenue
New York, NY 10031
(212) 650-7000
lou.marinoff@appa.edu

John Vervaeke
Director of Cognitive Science Program
Department of Psychology
University of Toronto
4th Floor, Sidney Smith Hall
100 St. George Street, Toronto, ON M5S 3G3
1-416-978-8111
john@johnvervaeke.com